




# Bi-Weekly Main Campus Menu October 1, 2018-February 1, 2019



Lunch Change!  
Hot Dog Replaced  
with Grilled Cheese

Week of...	Monday	Tuesday	Wednesday	Thursday	Friday
<b>2018</b> <u>10/8-10/12</u> <u>10/22-10/26</u> <u>11/5-11/9</u> <u>11/19-11/23</u> <u>12/3-12/7</u> <u>12/17-12/21</u>  <b>2019</b> <u>12/31-1/4</u> <u>1/14-1/18</u> <u>1/28-2/1 End</u>	AM-Cereal w/milk Offered all week  Raisin Bran Cheerios Corn Flakes Rice Krispies  Dino Chicken Nuggets Broccoli Florets Seasonal Fruit   PM Snack	AM-Choice of Cereal or Yogurt & Granola Parfait w/Blueberries,  Crunchy Chicken Ranch Tacos w/shredded lettuce & cheese Carrot Sticks w/dip Seasonal Fruit   PM Snack	AM-Choice of Cereal or Bagel w/Cream Cheese  <u>Breakfast for Lunch</u> Whole Grain French Toast Stick Turkey Sausage Applesauce   PM Snack	AM-Choice of Cereal or <u>Blueberry Muffin</u>   Grilled Cheese on Wheat Cream of Tomato Soup Seasonal Fruit   PM Snack	AM-Choice of Cereal or Pancakes w/Syrup Waffle may be substituted  Pizza Delivery Cucumber Garden Salad w/dressing   *Fresh Smoothie of the day  PM Snack
<u>10/1-10/5 Start</u> <u>10/15-10/19</u> <u>10/29-11/2</u> <u>11/12-11/16</u> <u>11/26-11/30</u> <u>12/10-12/14</u> <u>12/24-12/28</u> <u>1/7-1/11</u> <u>1/21-1/25</u> *Seasonal Fruit Apples, Melon, Bananas, or Oranges	AM-Cereal w/milk Offered all week  Raisin Bran Cheerios Corn Flakes Rice Krispies  <u>Breakfast for Lunch</u> Cook's Choice Pancake or Waffle (Depends on Availability) Turkey Sausage Applesauce  PM Snack	AM-Choice of Cereal or Yogurt & Granola Parfait w/Blueberries,  Savory Turkey Meatballs Seasoned Buttered Noodles Seasonal Fruit   PM Snack	AM-Choice of Cereal or Bagel w/Cream Cheese  Dino Chicken Nuggets Cheesy Potatoes Seasonal Fruit   PM Snack	AM-Choice of Cereal or <u>Blueberry Muffin</u>  Beef Taco Salad w/cheese, lettuce, shredded carrots and salsa Seasonal Fruit   PM Snack	AM-Choice of Cereal or Pancakes w/Syrup Waffle may be substituted  Pizza Delivery Cucumber Garden Salad w/dressing   *Fresh Smoothie of the day  PM Snack

**\*Smoothie of the day!**  
 Delicious ingredients featuring  
 fresh or frozen fruits made with  
 yogurt and or ice cream.

**Please don't forget to  
 take your child's lunch  
 box home everyday!**



**\*PM snacks will be Cook's Choice of:  
 Wow-Butter & Crackers, String Cheese,  
 Assorted Cookies, Animal Crackers,  
 Pretzels w/dip, Chocolate Pudding and  
 Jello!**