



Bi-Weekly Main Campus Menu

July 2 , 2018-September 28, 2018

Week of...	Monday	Tuesday	Wednesday	Thursday	Friday
<p>2018 <u>7/2-7/6-Start</u> <u>7/16-7/20</u> <u>7/30-8/3</u> <u>8/13-8/17</u> <u>8/27-8/31</u> <u>9/10-9/14</u> <u>9/24-9/28 End</u></p>	<p>AM-Cereal w/milk Offered all week</p> <p>Raisin Bran Cheerios Corn Flakes Rice Krispies</p> <p>Dino Chicken Nuggets Broccoli Florets Seasonal Fruit</p> <p>PM Snack</p>	<p>AM-Choice of Cereal or Yogurt & Granola Parfait w/Blueberries,</p> <p>Crunchy Chicken Ranch Tacos w/shredded lettuce & cheese Carrot Sticks w/dip Seasonal Fruit</p> <p>PM Snack</p> <p></p>	<p>AM-Choice of Cereal or Bagel w/Cream Cheese</p> <p><u>Breakfast for Lunch</u> Whole Grain French Toast Stick Turkey Sausage Applesauce</p> <p>PM Snack</p>	<p>AM-Choice of Cereal or <u>Blueberry Muffin</u></p> <p>Beef Hot Dog/Roll Green Beans Seasonal Fruit</p> <p></p> <p>PM Snack</p>	<p>AM-Choice of Cereal or Pancakes w/Syrup Waffle may be substituted</p> <p>Pizza Delivery Cucumber Garden Salad w/dressing</p> <p>*Fresh Smoothie of the day</p> <p>PM Snack</p>
<p><u>7/9-7/13</u> <u>7/23-7/27</u> <u>8/6-8/10</u> <u>8/20-8/24</u> <u>9/3-9/7</u> <u>9/17-9/21</u></p> <p>*<u>Seasonal Fruit</u> Apples, Melon, Bananas, or Oranges</p>	<p>AM-Cereal w/milk Offered all week</p> <p>Raisin Bran Cheerios Corn Flakes Rice Krispies</p> <p><u>Breakfast for Lunch</u> Cook's Choice Pancake or Waffle (Depends on Availability) Turkey Sausage Applesauce</p> <p>PM Snack</p>	<p>AM-Choice of Cereal or Yogurt & Granola Parfait w/Blueberries,</p> <p>Savory Turkey Meatballs Seasoned Buttered Noodles Seasonal Fruit</p> <p>PM Snack</p>	<p>AM-Choice of Cereal or Bagel w/Cream Cheese</p> <p>Dino Chicken Nuggets Cheesy Potatoes Seasonal Fruit</p> <p>PM Snack</p>	<p>AM-Choice of Cereal or <u>Blueberry Muffin</u></p> <p>Beef Taco Salad w/cheese, lettuce, shredded carrots and salsa Seasonal Fruit</p> <p>PM Snack</p>	<p>AM-Choice of Cereal or Pancakes w/Syrup Waffle may be substituted</p> <p>Pizza Delivery Cucumber Garden Salad w/dressing</p> <p>*Fresh Smoothie of the day</p> <p>PM Snack</p>

***Smoothie of the day!**
Delicious ingredients featuring
fresh or frozen fruits made with
yogurt and or ice cream.

Please don't forget to
take your child's lunch
box home everyday!



***PM snacks will be Cook's Choice of:**
Wow-Butter & Crackers, String Cheese,
Assorted Cookies, Animal Crackers,
Pretzels w/dip, Chocolate Pudding and
Jello!